

CHURCH PARTICIPATION REGISTRATION

SoFlo Adventist Olympic Games Registration Form

Please read the 'Sports Day Notes for Participants' when completing this form and return it by 2 weeks prior to event. Entries and extras received after this deadline cannot be accepted.

Details of person to whom correspondence should be sent.

Name: _____

Name of Church Group: _____

Address: _____

Adventist Church or Other Church: _____

Zip code: _____

Pastor or AYS Leaders signature: _____

E-mail: _____

Pastor or AYS Leader Phone Number: _____

Tel no: (daytime): _____

Mobile or Evenings: _____

Leaders responsible for individual events. (See notes for participants - they may be asked to help with the event on the day if necessary.)

Event

Leader's Name

Address:

Tel No:

Sprints

Distance _____

Relays _____

Long Jump _____

High Jump _____

Children Events _____

Other Events _____

Total Number:

No. of **Coaches** _____ / No. of **Athletics** _____ **Male** _____ **Female** _____ / No. of **Spectators** _____ (Estimate)

NB. This application cannot be accepted unless this page is completed in full. Please fill in church's name at the bottom of each page, also remember to provide a daytime and evening contact telephone number, in the event we have any queries in regards to your entry. Payment should be sent with the form if possible. If you are e-mailing your form, please send the originals and payment by post as soon as possible after the closing date. No refunds. Checks should be made payable to "West Park Seventh-day Adventist".

Please send to:

West Park Seventh-day Adventist Church, (SoFlo Sports) 3825 SW 41st St., West Park, Florida 33023.

All applications should be received 2 weeks prior to event. E-mail sofloadventistsports@gmail.com please call us if you do not receive an email of confirmation of receipt, after submitting your application. Any queries, telephone 786-325-2999 (Kenton) / 904-383-9775 (Rick) /945-515-2263 (Nichola)

Kindergarten (5-6) and Peewees (7-9) 3 events per child
Midget (10-13) thru Masters (40-49): 4 events including relays

#	Event	5 & U	7 - 9	10 - 13	14 - 16	17-19	20 - 29	Sub-Masters 30 - 39	Masters 40 -49	Sub-Seniors 50 - 59	Seniors 60 Up
1	Egg & Spoon	X	X								X
2	Sack Race	X	X						X (W)	X (W)	

3	Three Legged Race	X	X						X (W)	X (W)	
4	40 Meter Dash	X									
5	80 Meter Dash		X								X
6	100 Meter Dash			X	X	X	X	X	X	X	
7	200 Meters			X	X	X	X	X	X	X	
8	400 Meters			X	X	X	X	X	X		
9	800 Meters			X	X	X	X	X	X		
10	4X100 Meter Relay			X	X	X	X	X	X	X	
11	4X200 Meter Relay	Southeastern Conference vs Florida Conference Inter conference Relay									
12	Sprint Medley Relay				X	X	X	X	X	X	X
13	Shot Put				X	X	X	X			
14	High Jump				X	X	X	X	X		
15	Long Jump				X	X	X	X	X		
16	Standing Long Jump	X	X	X							
19	800 Meter Race walk		X	X	X	X	X	X	X	X	X

Kinder garten	Pee-Wees	Midget	Primary	Youths	Ambassador	Sub-Masters	Masters	Sub-Seniors	Seniors
Ages 5-6	Ages 7-9	Ages 10-13	Ages 14-16	Ages 17-19	Ages 20-29	Ages 30-39	Ages 40-49	50- 59	60 and up



EVENT LIMITATIONS

Each **competitor** may enter a maximum of three events out of the four offered. This must be two tracks and one field event. (For example: A competitor can enter the 100m and 200m and a choice of either High Jump **OR** Long Jump or Special Events.) Sprint Medley has to equal of 140 years of age for participation.

All Age Sprint Medley: Age must equal 140 YOA

800 Meter participate: _____

400 Meter participate: _____

200 Meter participate: _____

100 Meter participate: _____

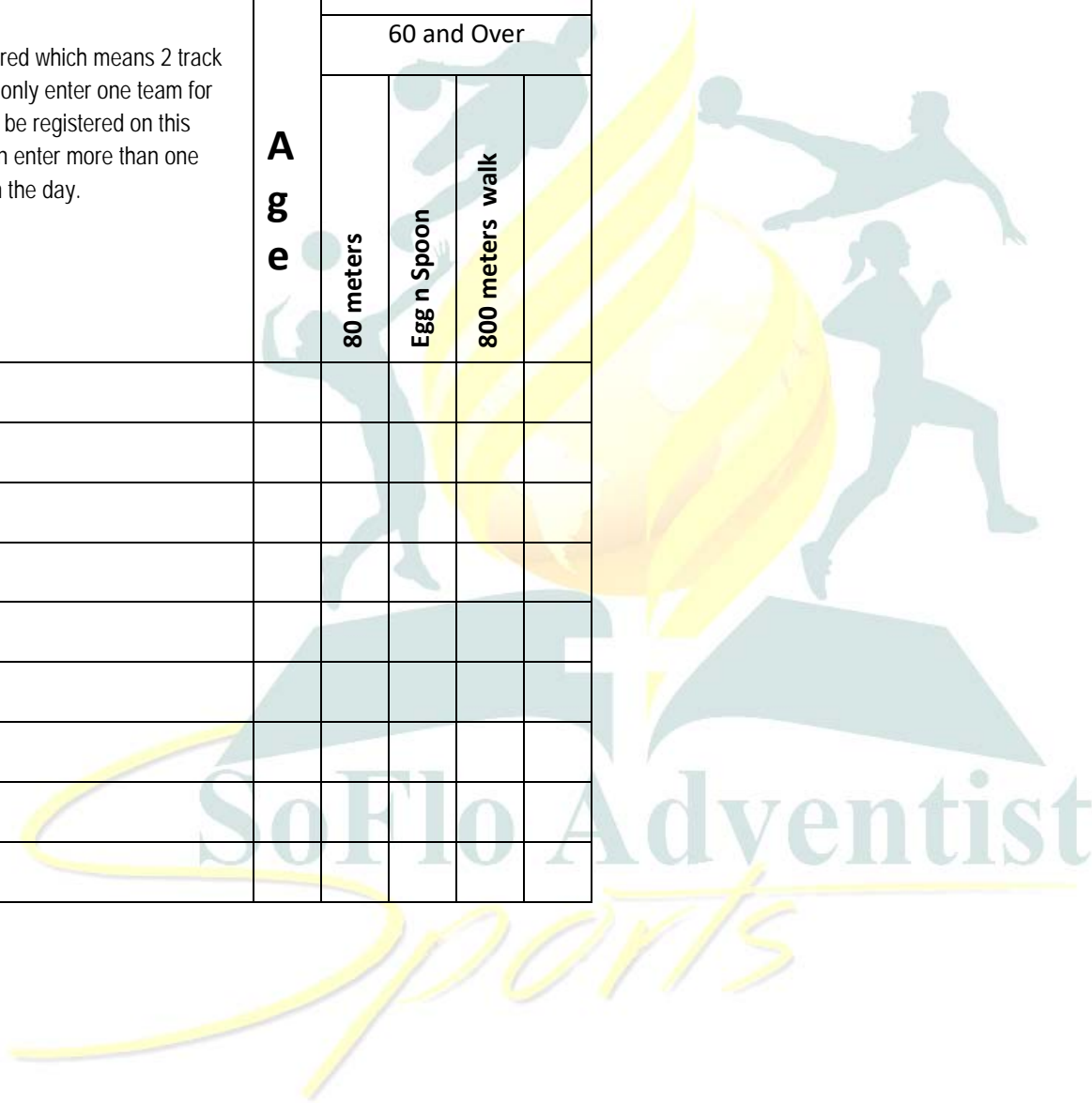
Eligible runner must have not exceeded the maximum races for the meet. Remember participates can only compete in (2) Running events (1) Field event and (1) Relay race. If you have reached your maximum events you are not eligible for the Sprint Medley.



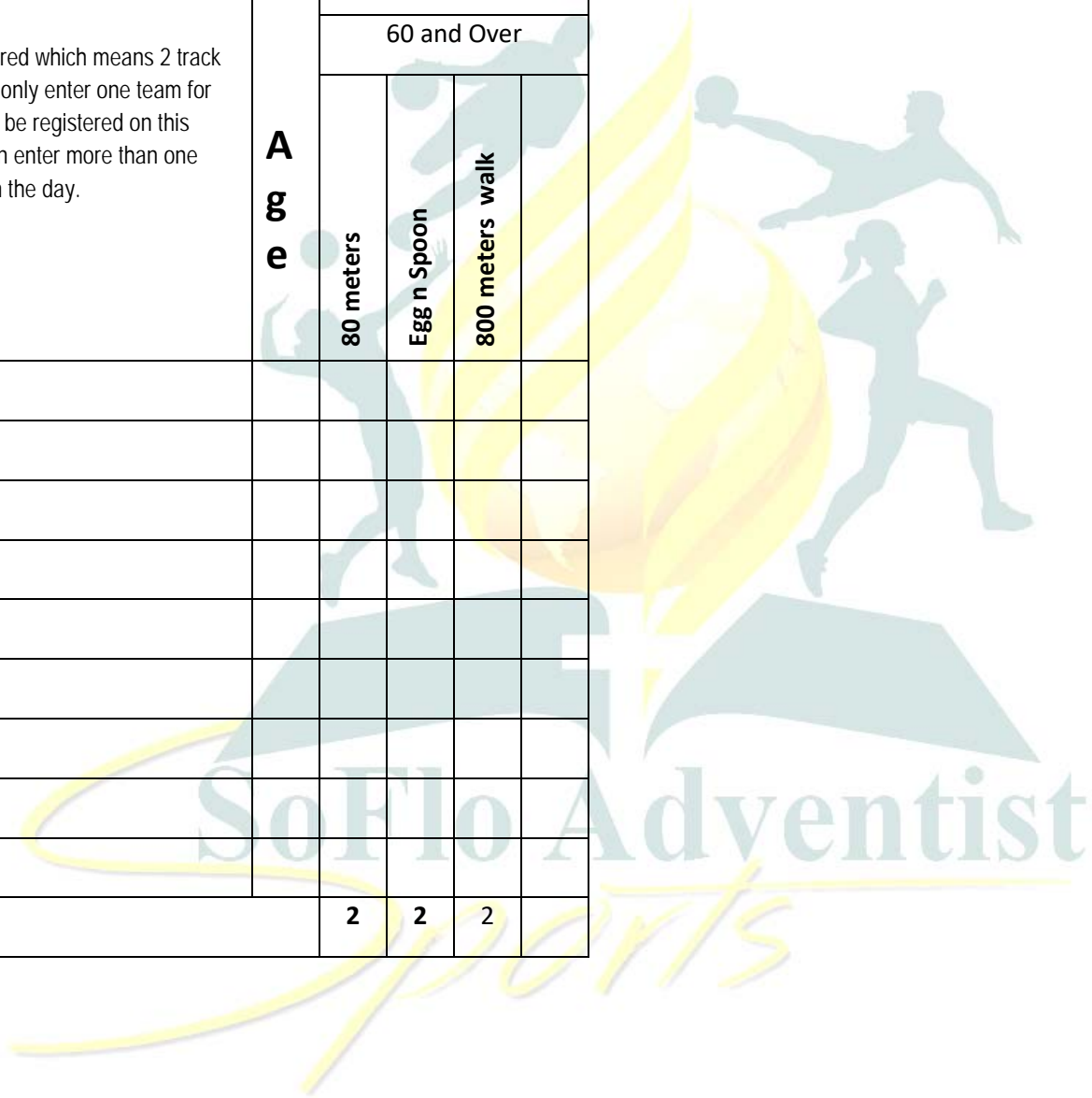
Men's

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

	Age	SoFlo Games		
		60 and Over		
		80 meters	Egg n Spoon	800 meters walk
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				



Women 3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, <u>not</u> on the day. You can enter more than one team for the 4x400m relay on the day.	A g e	SoFlo Games			
		60 and Over			
		80 meters	Egg n Spoon	800 meters walk	
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
Total number allowed		2	2	2	



Men's

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

SoFlo Games

50 and 59

**A
g
e**

100 meters

200 meters

800 M Walk race

4 x 100m Relay
One team per church

1.

2.

3.

4.

5.

6.

7.

8.

9.

Total number allowed

2

2

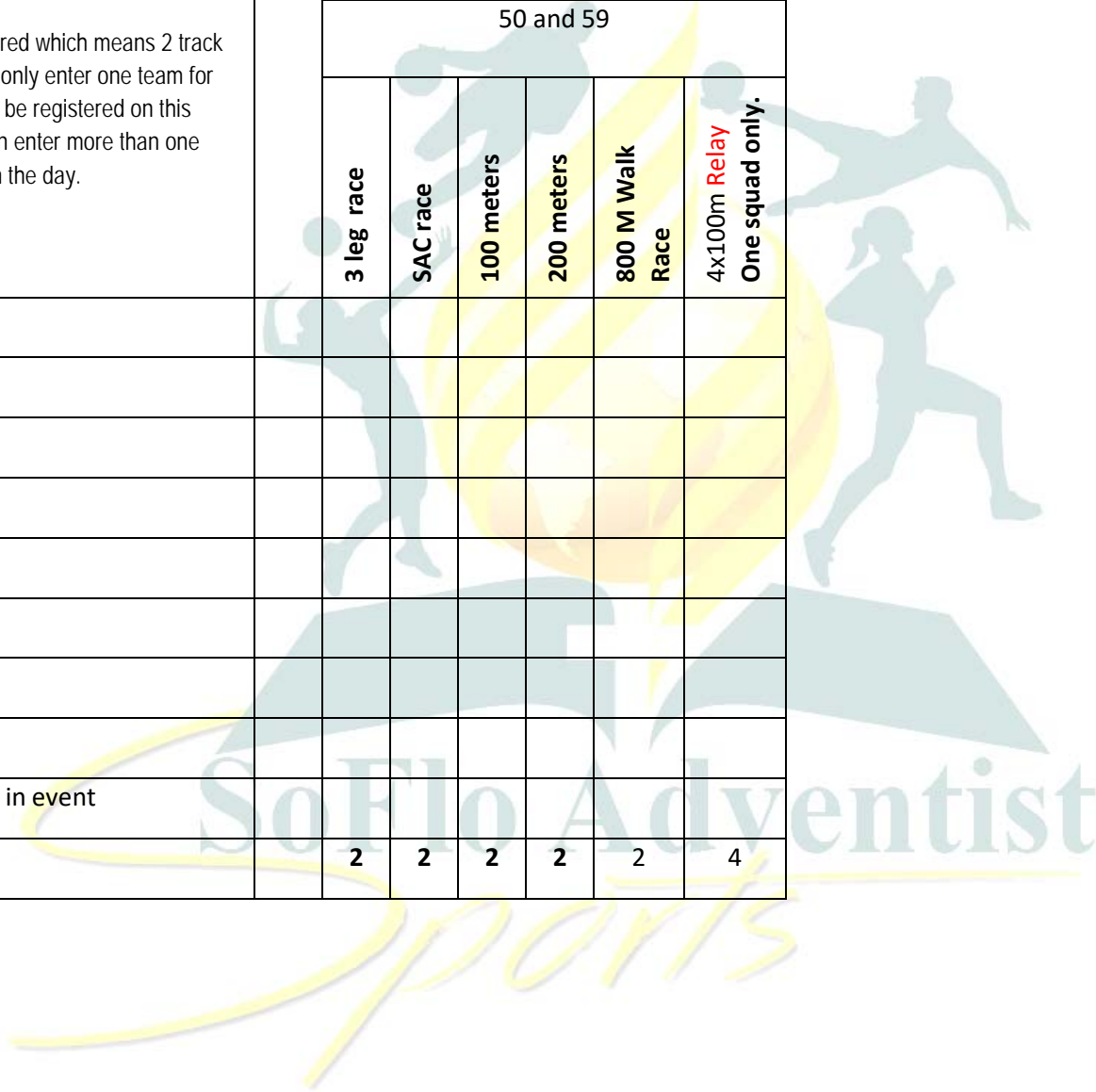
2

4

SoFlo Adventist

SPORTS

Women 3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.	SoFlo Games					
	50 and 59					
	3 leg race	SAC race	100 meters	200 meters	800 M Walk Race	4x100m Relay One squad only.
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
Number of competitors in event						
Total number allowed	2	2	2	2	2	4



Women 3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, <u>not</u> on the day. You can enter more than one team for the 4x400m relay on the day.	SoFlo Games											
	40 and 49											
	A	3 leg race	SAC race	Shot Put	Long Jump	High Jump	100 meters	200 meters	400 meters	800 meters	800 Walk race	4x200m Relay One team per
1.												
2.												
3.												
4.												
5.												
6.												
7.												
8.												
Number of competitors in event												
Total number allowed		2	2	2	2	2	2	2	2	2	4	4

Women

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

**A
g
e**

SoFlo Games

30 and 39

	Shot Put	High Jump	Long Jump	100 meters	200 meters	400 meters	800 meters	800 meters Walk Race	4x200m Relay One team per church	4x100m Relay One team per church
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
Number of competitors in event										
Total number allowed	2	2	2	2	2	2	2	2	4	4

SoFlo Adventist

Men's

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

**A
g
e**

SoFlo Games

20 and 29

	Shot Put	Long Jump	High Jump	100 meters	200 meters	400 meters	800 meters	800 Walk race	4x200m Relay One team per church	4x100m Relay One team per church
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
Number of competitors in event										
Total number allowed	2	2	2	2	2	2	2	2	4	4

SoFlo Adventist

Sports

Girls

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

**A
g
e**

SoFlo Games

14 and 16

	Shot Put	Long Jump	High Jump	100 meters	200 meters	400 meters	800 meters	800 meters walk race	4x200m Relay One team per church	4x100m Relay One team per church
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
Number of competitors in event										
Total number allowed		4	2	2	2	2	2		4	4

Boys

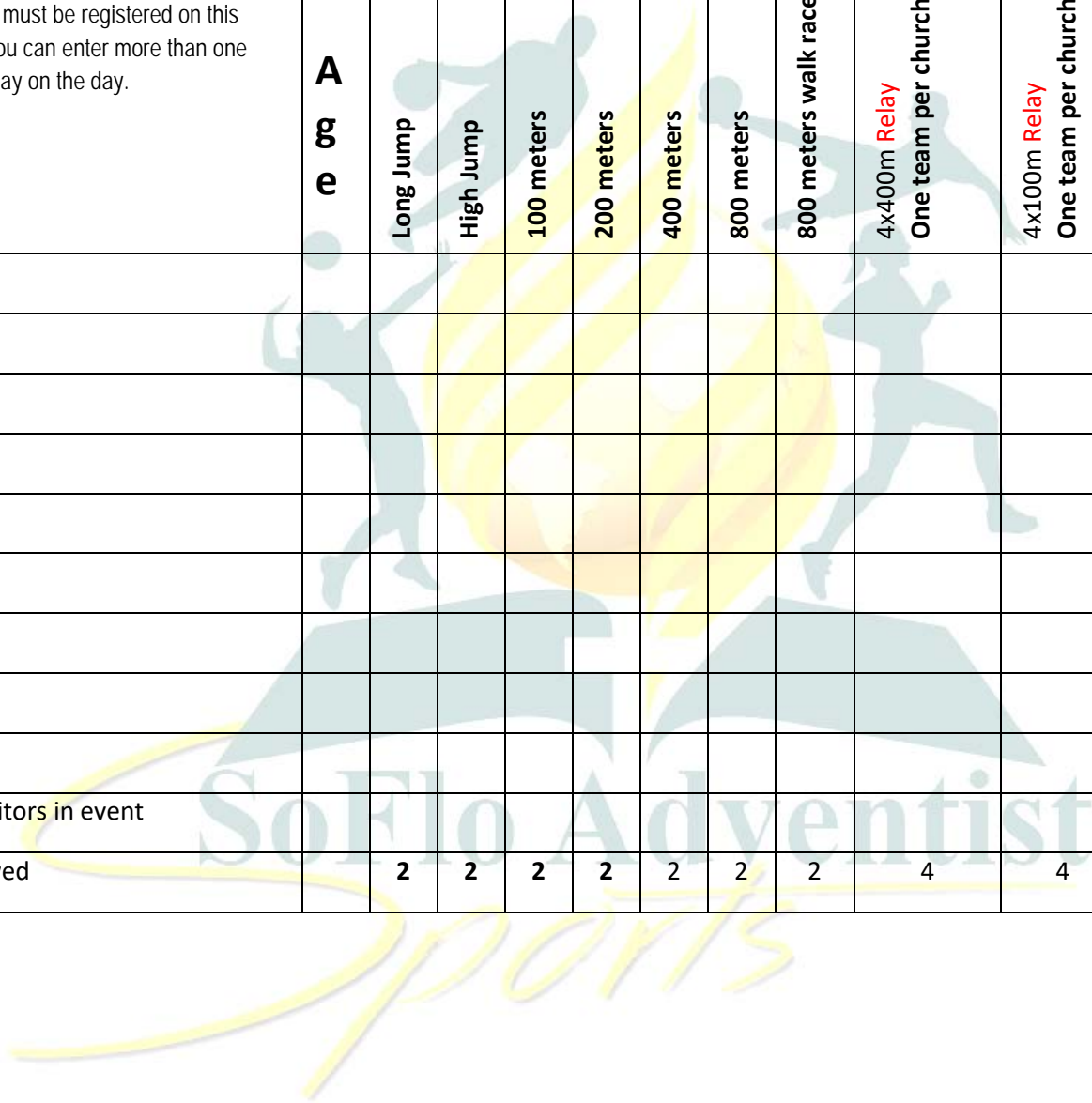
3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

SoFlo Games

10 and 13

**A
g
e**

	Long Jump	High Jump	100 meters	200 meters	400 meters	800 meters	800 meters walk race	4x400m Relay One team per church	4x100m Relay One team per church
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
Number of competitors in event									
Total number allowed	2	2	2	2	2	2	2	4	4



Girls

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, not on the day. You can enter more than one team for the 4x400m relay on the day.

SoFlo Games

10 and 13

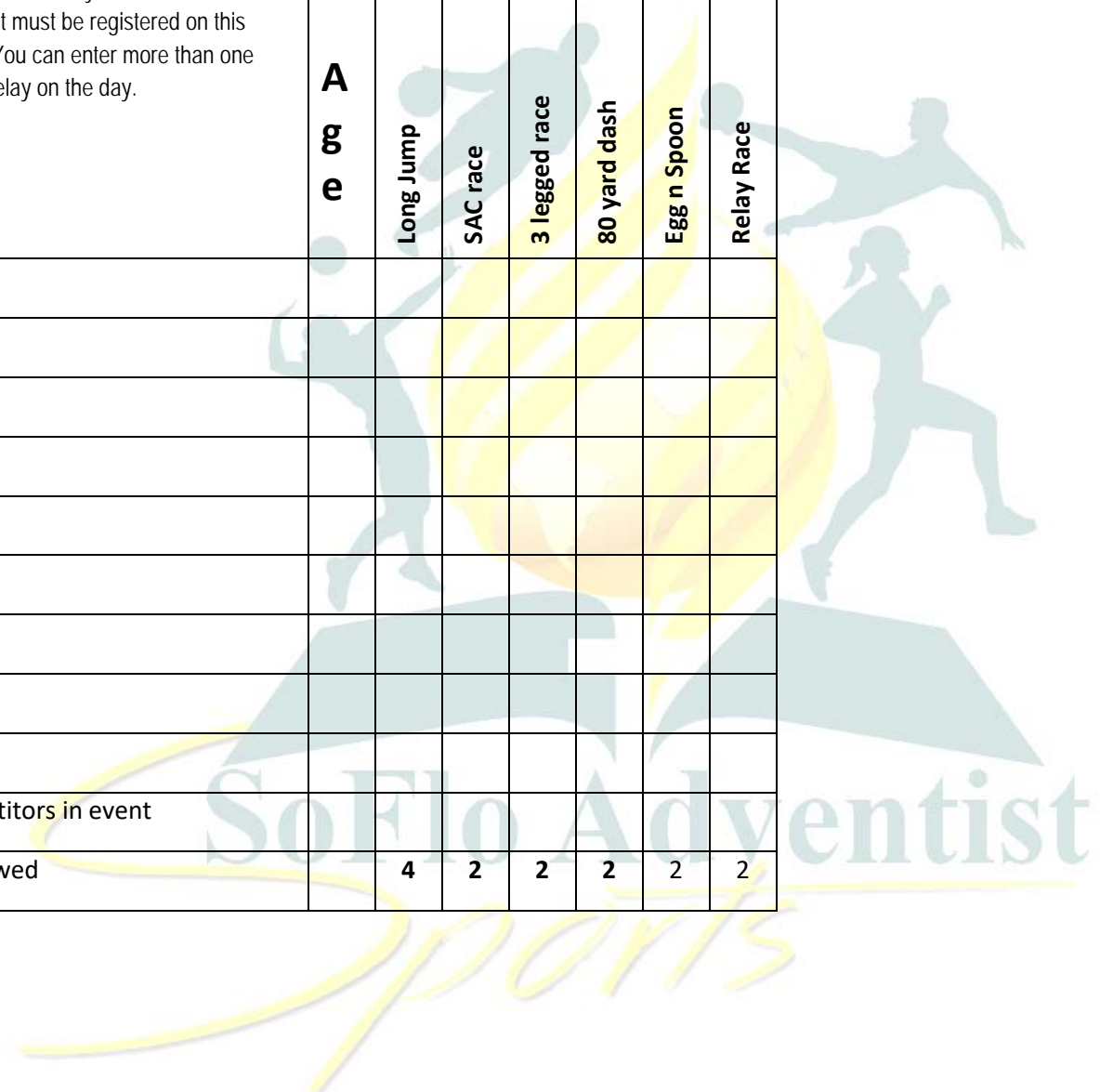
**A
g
e**

	Long Jump	High Jump	100 meters	200 meters	400 meters	800 meters	800 meters walk race	4x200m Relay One team per church	4x100m Relay One team per church
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
Number of competitors in event									
Total number allowed	4	2	2	2	2	2		4	4

Boys

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, **not** on the day. You can enter more than one team for the 4x400m relay on the day.

	Age	SoFlo Games					
		7 and 9					
		Long Jump	SAC race	3 legged race	80 yard dash	Egg n Spoon	Relay Race
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
Number of competitors in event							
Total number allowed		4	2	2	2	2	2



Girls

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, **not** on the day. You can enter more than one team for the 4x400m relay on the day.

SoFlo Games

7 and 9

**A
g
e**

Long Jump

SAC race

3 legged race

80 yard dash

Egg n Spoon Race

Relay Race

1.

2.

3.

4.

5.

6.

7.

8.

9.

Number of competitors in event

Total number allowed

4

2

2

2

2

2

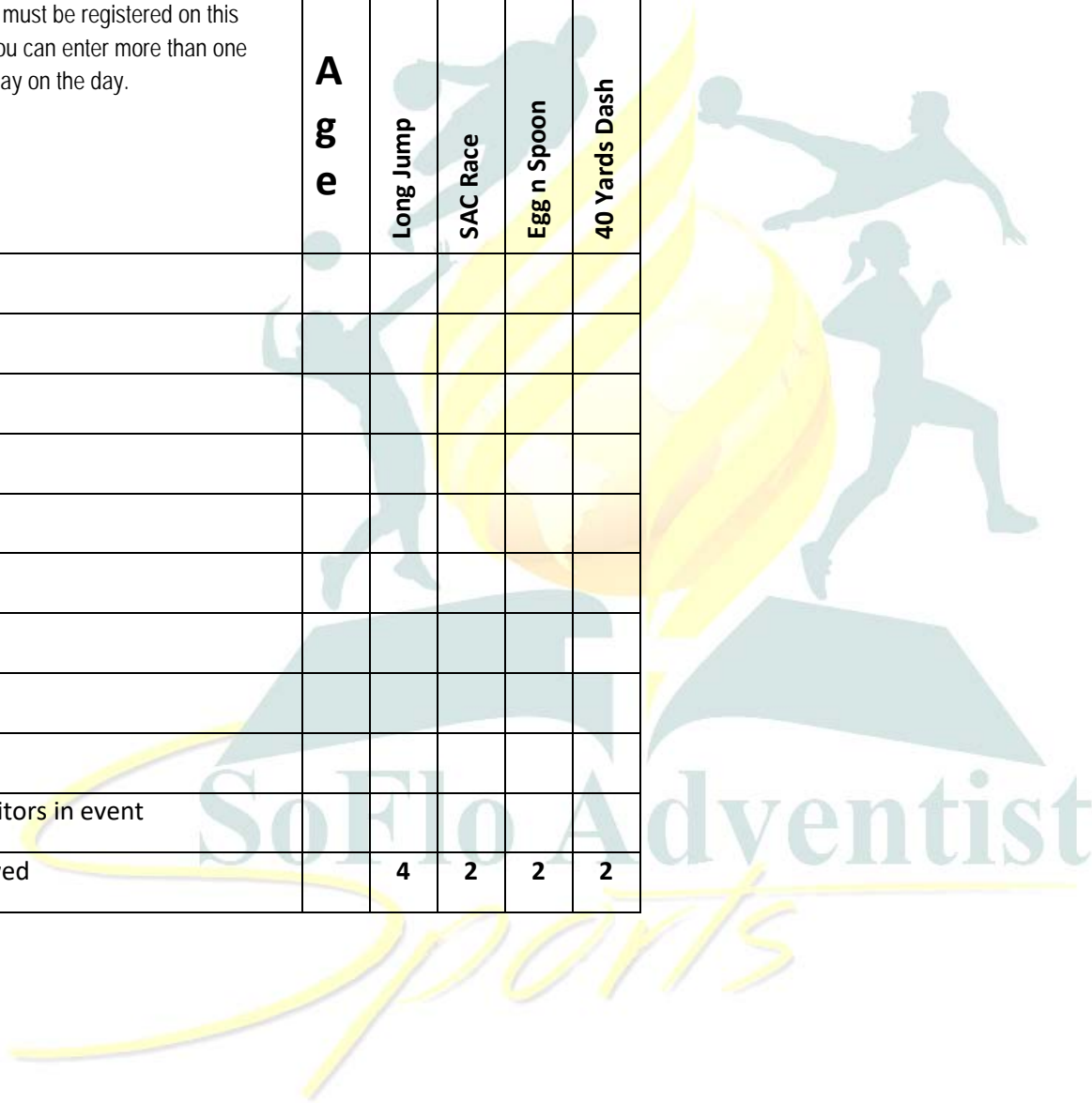
SoFlo Adventist

Sports

Boys

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, **not** on the day. You can enter more than one team for the 4x400m relay on the day.

	Age	SoFlo Games			
		5 and 6			
		Long Jump	SAC Race	Egg n Spoon	40 Yards Dash
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
Number of competitors in event					
Total number allowed		4	2	2	2



Girls

3 out of 4 events can be entered which means 2 track and one field event. You can only enter one team for the 4x100m relay and it must be registered on this form, **not** on the day. You can enter more than one team for the 4x400m relay on the day.

**A
g
e**

SoFlo Games

5 and 6

Long Jump

SAC Race

Egg n Spoon

40 Yards Dash

1.

2.

3.

4.

5.

6.

7.

8.

9.

Number of competitors in event

Total number allowed

4

2

2

2

SoFlo Adventist

Sports

- (i) Each church can enter a **MAXIMUM** of 2 competitors in each individual event, and a squad of 4-6 in the relays. In the three-legged race a maximum of 2 pairs can be entered.
- (ii) Each **competitor** may enter a maximum of four events throughout the event. This must be two track and one field event and one relay. (For example: A competitor can enter the 100m and 200m and a choice of either High Jump **OR** Long Jump or Compete in a relay race)
- (iii) **4x100m RELAY:** This event can only be entered on the registration form prior to the event, and **not** on the day itself. Only one squad per church is allowed in this event.
- (iv) **4x400m RELAY:** 4x400m relay teams can be entered on the day, and you can enter more than one team per church. Listen for the announcement from the Registration Tent around 1pm to register your 4x400m relay team(s). Team members involved in another sport during the day must make this event a priority should the 4x400m heats or finals clash with another event.
- (v) **THE MILE:** Anyone can enter the mile on the day. Listen for the PA announcement and report to the athletics track.
- (vi) **LONG JUMP:** No part of your body is allowed to touch the ground between the take-off line and the sand. You must take off from within the lane. You must not walk back through the sand after the jump. The jump is measured from the nearest break in the landing area made by any part of your body.
- (vii) **HIGH JUMP:** You must take off from one foot. You must not touch the ground or landing area beyond the uprights without first clearing the bar. If the bar falls off before you leave the mat this constitutes a failure. You are eliminated after three consecutive failures.

SoFlo Points Tracking Card

POINTS SYSTEM: 1st Place 10 points, 2nd place 8 points, 3rd place 6 points, 4th place 5 points,
5th place 4 points, 6th place 3 points, 7th place 2 points and 8th place 1 point.

CHURCH NAME:

NAME	AGE	EVENT	PLACEMENT	POINTS	NOTES
Eg. John Doe	99	100M	1st	10	Gold Medal

Thank you for coming and see you next year!!

NOTES

